

Somashrooms Oyster Dried Powder

100% pure, milled oyster mushroom powder packed with protein, vitamins, and minerals. Easy to add to soups, smoothies, or cooking for an instant nutrient boost.

Category: General Wellness



Key Benefits

- Boosts immune health ✓
- Supports heart wellness ✓
- Encourages digestive fiber ✓

Intended Audience

- ✓ Health-conscious cooks
- ✓ Vegan/vegetarian users
- ✓ Busy homemakers

Product Ingredients

Ingredient	Purpose	Benefit
Oyster dried powder	Supports daily wellness	Boosts immunity

Ingredient Source: Natural

Unique Features: Gluten-free, vegan, pesticide-free, mild umami taste

Product Comparison



Why it stands out

Nutrient-dense, versatile.



Why choose this product

Easy daily nutrition in one scoop.

Usage Guidelines

Add 1 teaspoon to soups, stews, smoothies, dosa batters, or sauces daily. Stir into any meal.



Who should use it

Vegans/vegetarians
Immune-support seekers
Culinary experimenters



Who should avoid it

Mushroom allergy sufferers
Children under 3
Those on immunosuppressant

Health Benefits

Primary Benefits

Enhances immunity
Balances cholesterol
Supports gut health
Provides antioxidant boost.

Scientific Basis

Rich beta-glucans stimulate immune response, while antioxidants and fibers support heart and gut health.

How it works

Beta-glucans and fibers support immunity, while vitamins and minerals nourish cells. Use daily at lunch or dinner for best results.

FAQ'S

How do I use it?

Stir 1 tsp into soups, stews, smoothies, dosa batter, or sauces.

Is it gluten-free?

Yes—it's 100% oyster mushroom, with no grains or fillers.

What flavor does it add?

A mild umami flavor that enhances both savory and creamy dishes.